

The Apperley Centre Curriculum Overview



Introduction

At the Apperley Centre, Students join us from a range of previous settings.

After an initial period of assessment, each student will be allocated to one of our core courses.

Each Course is delivered under four strands

- Employment,
- Independent Living,
- Health and Wellbeing
- Friends, Relationships and Community.

Alongside this we run a rich programme of Enrichment activities which are accessible to students from all courses, according to their needs and interests.

Working with partners in the community, we offer work related learning where appropriate, and support student in taking their learning outside of College to develop real-life, transferrable skills.

Therapy provision for students is identified according to need, from a wide range of possible options.

Our Courses



Preparation for Adult Life

Offering the highest level of support aimed at encouraging our young people to accept support; develop communication skills; become more aware of and involved in the world around them; carry out simple tasks and work towards an accredited qualification.

Forward to Independence

Relevant work-related learning/community links where possible, English and Maths, accredited qualifications and an emphasis on developing personal and social skills. Enabling young people to make choices and take responsibility for everyday tasks and routines.

Access to Work and Education

Work-related learning/ external work experience, Functional English & Maths, community /college links, personal and social development -offering accredited qualifications and aimed at developing confidence, self-management and self-reliance.

Course Title- Preparation for Adult Life

- Adapting to new environments
- Working with others
- Real world visits
- Communication
- Following instructions



Employment

- Making friends
- Social interaction
- Visits and trips
- Belonging to different groups
- Managing change



Friends, Relationships and community

- Feeding and drinking
- Personal care
- Dressing
- Making choices



Independent living

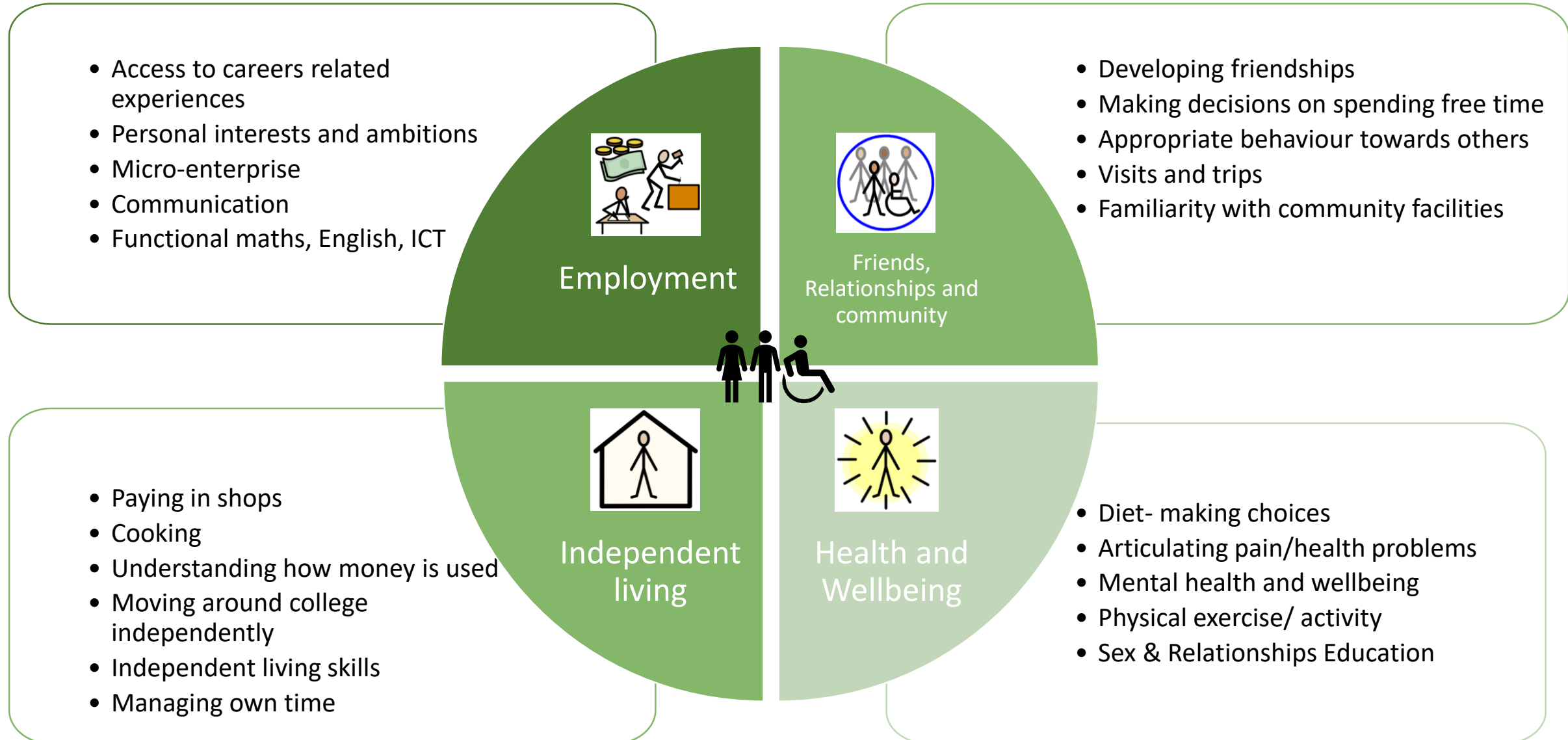


Health and Wellbeing

- Physical exercise
- Therapies
- Diet and food variety
- Mental health and wellbeing
- Sex & Relationships Education



Course Title-Forward to Independence



Course Title- Access to Work and Education

- Planning for employment
- Functional skills in English, Maths and ICT
- Work experience
- Enterprise projects
- Voluntary work
- CVs & interviewing



Employment

- Learning to be safe online and offline
- Knowing the local community
- Walking short distances alone
- Understanding and managing relationships of different types
- Resilience
- Developing new friendships
- Understanding the criminal justice system



Friends,
Relationships and
community



Independent
living



- Shopping
- Telling the time
- Travel training
- Making decisions on spending money
- Preparing snacks and meals
- Socialising unsupervised
- Looking after your home & being safe at home
- Understanding correspondence and bills

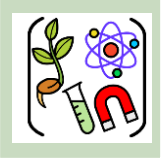


Health and
Wellbeing

- Understanding alcohol and drugs
- Knowing where to go for help
- Managing minor health needs
- First Aid
- Sex & Relationships Education
- Developing a healthy diet
- Physical activity and exercise
- Mental health and Wellbeing

Curriculum Enrichment

This offer runs alongside the core course for each student, and is selected according to their interests and aspirations



Science and Nature

- Gardening
- Sensory exploration
- Local nature walks
- Science
- Cooking



The Arts

- Music
- Art
- Drama
- Crafts
- Singing
- Dance



Sports and Leisure

- Puzzles and Board games
- Team games and sports
- Gym Visits
- Social time
- Reading
- Cycling



The Wider World

- Geography
- History
- Current affairs
- Religious Education

Our Community

Students may access work experience with support, or develop their community access skills at one or more of our many off-site activities.



Fair Shares
community time banks



Additional Therapies

Accessed according to provision listed in EHCP, or via referral by staff



External Accreditation

Accreditation is awarded in recognition of achievements and is bespoke for all students. There is flexibility within courses to access any of the accreditation offered across the Apperley Centre



Preparation for Adult Life



ASDAN Personal Progress (Entry 1)

Forward to Independence



ASDAN PSD (Entry 1/2)

OR

ASDAN Personal Progress (Entry 1)



Pearson Functional Skills (Maths, English, ICT) Entry 1/2

Access to Work and Education



ASDAN PSD Entry 2/3



Pearson Functional Skills (Maths, English, ICT) Entry 1/2/3

Enabling Progress

Each student has an EHCP with outcomes designed to overcome barriers to progress across the curriculum

